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HEALTH & WELLNESS



**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**October 3rd 2018: Time Flies When You're Alive**

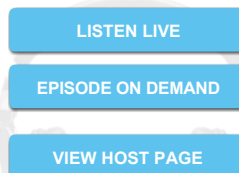
How does a life change when the person you're closest to in the world dies? For Paul Linke, that person was his wife and the mother of his three children. When she died of breast cancer at 37, he entered a new landscape. As an actor and writer, the natural outgrowth of his loss and mourning was the creation of a one man show about the loss and his response to it. This then led to continued performances of the work around the world. He went on to marry again and have a fourth child. But how does this experience in his life continue to impact him decades later? What is his perspective now on wha

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#### Featured Guest



#### Paul Linke

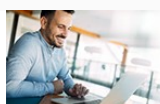
Paul Linke is an actor, director, writer and ordained minister. He's been involved in grief support since kindergarten when his teacher asked him to explain a classmate's death to the class.

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