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### Born to be Breastfed

#### New shows weekly

October 01st 2018: Encore: Breastfeeding Advice Moms Need

Most of the advice you'll hear from friends and family during your baby's early days will fall into the category of "same old, same old." Join Marie as she goes beyond the usual topics with Tipper Gallagher ([www.theboobgeek.com](http://www.theboobgeek.com)). Listen for discussion about info mothers want to hear, need to hear, don't hear (but need to), and don't want to hear. Learn strategies for finding a breastfeeding supportive health care provider, parenting through the tough spots, deciding about galactagogues, and figuring out strategies to sustain breastfeeding when going back to work. If you have comments or questi

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New shows weekly on VoiceAmerica Health and Wellness Channel

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### Featured Guest

Guest Image

#### Tiffany "Tipper" Gallagher

Tiffany "Tipper" Gallagher has earned the nickname "The Boob Geek" due to her passion for providing evidence-based support for breastfeeding and families.

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