



### Empowering Women, Transforming Lives

Thursday at 11 AM Pacific

December 06th 2018: Empowering YOU, Transforming Lives!  
- Final in Interview Series

Join Rebecca Hall Gruyter (RHGTVNetwork.com & YourPurposeDrivenPractice.com) for our special Empowering You, Transforming Lives! interview series. Rebecca will be talking with and highlighting our co-authors of this powerful anthology: Dr. Ruth Anderson (The Ministry Online), Julz DeFant (healthcare speaker and team builder), Catherine M. Laub (The Celestial Spoon), and Dr. Nancy Tarr-Hart (Assistant Professor of Philosophy). You'll get an inside peek as the authors share special highlights from our soon-to-be released book! This daily inspiration will help you in the coming year to live on pu

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### Featured Guests



#### Dr. Ruth Anderson

Dr. Ruth Anderson is a lifelong student, teacher, and award-winning author. Retired after a satisfying and worthwhile career in special education and public school administration, Ruth embraced her second calling, that of an intuitive reader and healer. After becoming a Reverend of the Church of Inner Light, she was given a ministry to witness and participate in the healing of souls with and without bodies in the ethereal realm called Open Clinic. Ruth serves as a conduit for the Spiritual Divinity and shares their teachings in an authentic way and open manner. Author of One Love: Divine Healing at Open Clinic and Walking with Spirit: Divine Illuminations on Life, Death and Beyond, Ruth

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#### Julz DeFant

Julz DeFant has been working in the healthcare field for the past 20 years, gaining the experience and training to not only facilitate quality care for patients, but also in building teams that are motivated and last. She became licensed as a Dental Hygienist in 2009, and spent the next 12 years working in dentistry. Her passion has been to see those around her succeed, helping them to grow in their potential, be inspired in practice, and in building healthy, hard-working, fun teams. She now lives in Olympia, WA with her husband and 8-year-old daughter. She is enjoying a part-time clinical schedule while she peruses her calling to get out there to share truth, create smiles, and empower team

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#### Catherine Laub

Catherine M Laub, Your Turquoise Angel Guide, is the Host of The Celestial Spoon Radio Show, a Psychic and Spiritual Guide, a 13 time Best-Selling Inspirational Author, and a Speaker regarding depression, anxiety, and health issues. Catherine helps people feel better with her positive outlook and describing overcoming her own deep depression. She is an advocate for mental illness through her campaign "Brighten Your Day with Turquoise." Turquoise, because it is a calming color and helps us think clearly. Her goal is to help others achieve their potential without all the obstacles that get in the way. She's had many health challenges and wants to guide others to understand how to live with

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#### Dr. Nancy Tarr-Hart

Dr. Nancy Tarr Hart has a wide and varied history of personal and professional experience, encompassing 40+ years in both business and the world of theatre working as a performer, director, costumer, educator, and administrator. An intuitive and mystic, the understanding of her gifts fully ignited in 1995 and, in 1999 she was guided to enroll in a part time undergrad program for adult students at the Notre Dame of Maryland University (NDMU) from which, in 2005, she earned a BA in Philosophy and Religious Studies, summa cum laude. She continued on her Spirit/Sophia guided academic journey and, in 2013, was awarded a PhD in Religious Studies with a concentration in feminist theory, the Divine

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