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BEaUty- Inside and Out
Thursday at 2 PM Pacific
November 29th 2018:Rack Back BEaUty

What do you do when you get diagnosed with Cancer? You write a memoir, add a little comedy and start a not for profit organization to help other's affected by cancer. Meet my guest Connie Bramer, Founder, and CEO of Get Your Rack Back as she shares her cancer journey and BEaUtiful recovery and contribution to help others.

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Featured Guest



Connie Bramer

As a newly divorced, 39-year-old working mother of two when she heard the words, "You have breast cancer." To keep her sanity in check, she chronicled her crazy and somewhat comical cancer journey in an online journal that later became her memoir, "How Connie Got Her Rack Back." Connie credits a positive attitude and sense of humor for getting her through the many months of chemotherapy and surgeries she endured on her road to wellness. Her memoir is self-discovery, laugh out loud humor and a sense of hope for everyone. Being that she is the fourth generation in her family to be diagnosed with breast cancer, Connie felt a call to action once in remission and has spent the last 6 years raisin

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