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The Sexy Lifestyle with Carol and David
Friday at 3 PM Pacific
December 18th 2018: SEXUAL ENERGY AND SEXUAL HEALTH

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Have you ever thought about the connection between aging and sexual activity? Most of us think that it's normal to have less sex as we get older. However, when you look at the research data that reveals the anti-aging properties of a great sex life, you'll want to have even more sex with every year. Join us on location from the SDC Cuban Cruise, as we chat with Sexologist, Dr Shelley, and her husband, Denie Hiestand, leading authority in natural health, both talking about sexual energy, staying connected for a great sex life, and avoiding toxins that affect our sexuality. From natural skin c

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Featured Guests



Dr Shelley Sexologist

Sexologist, Dr Shelley was originally born in New Zealand and now lives in Las Vegas. Author of several books including "Anti-Aging and Health Benefits of Sex" which summarizes the findings of her PhD dissertation

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Denie Hiestand

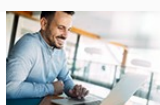
International author and expert in natural health, Denie Hiestand is the founder of The Cream, a range of natural skincare products containing colostrum, which positively affects women's health and sexuality.

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