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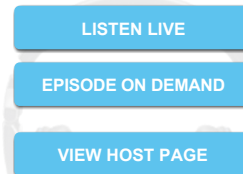
Breast Friends Cancer Support Radio
Wednesday at 9 AM Pacific
March 20th 2019:Encore: How Breast Cancer Impacts Self-Esteem

A breast cancer diagnosis impacts not our our physical health, but can cause serious issues with our emotional health. Many women suffer serious hits to their self-esteem as they suffer the loss of breasts, hair, enter into early menopause, suffer sexual anxieties and much more. Today, our guest, Sharon Henifin, Certified Life Coach, who is also one the co-founders of Breast Friends will discuss in depth the issues that impact so many survivors and provide tips on how to overcome our current crisis and improve our self-esteem.



Tune in

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Featured Guest



Sharon Henifin

Sharon Henifin is a 25 year breast cancer survivor, a certified life coach, and co-founder of Breast Friends. She has been instrumental in helping cancer patients re-build their self-esteem through workshops and one-on-one coaching. She authored the book, "Thriving Beyond Cancer." Sharon is also the assistant editor of Breast Cancer Wellness Magazine.

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