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HEALTH & WELLNESS



**Occupy Health**  
Friday at 11 AM Pacific  
**August 2nd 2019: Weston Price Foundation:  
Healthy Living**

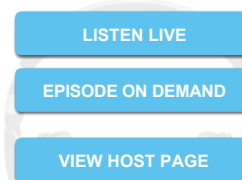
Sally Fallon Morell discusses the Weston A Price Foundation which is a nonprofit, tax-exempt charity founded in 1999 to disseminate the research of nutrition pioneer Dr. Weston Price, whose studies of isolated non-industrialized peoples established the parameters of human health and determined the optimum characteristics of human diets. Dr. Price's research demonstrated that humans achieve perfect physical form and perfect health generation after generation only when they consume nutrient-dense whole foods and the vital fat-soluble activators found exclusively in animal fats. The Foundatio

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#### Featured Guest



#### Sally Morell

Sally Fallon Morell is founding president of The Weston A. Price Foundation ([westonaprice.org](http://westonaprice.org)), a non-profit nutrition education foundation dedicated to returning nutrient-dense food to American tables. She is also the founder of A Campaign for Real Milk ([realmilk.com](http://realmilk.com)), which has as its goal universal access to clean raw milk from pasture-fed animals. She is the author of the best-selling cookbook Nourishing Traditions (with Mary G. Enig, PhD); The Nourishing Traditions Book of Baby & Child Care (with Thomas S. Cowan, MD); Nourishing Broth (with Kaayla T. Daniel, PhD, CCN); Nourishing Fats; and Nourishing Diets. She and her husband Geoffrey are owners of P A Bowen Farmstead ([pabowenfarmstead](http://pabowenfarmstead))

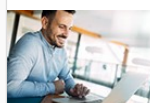
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