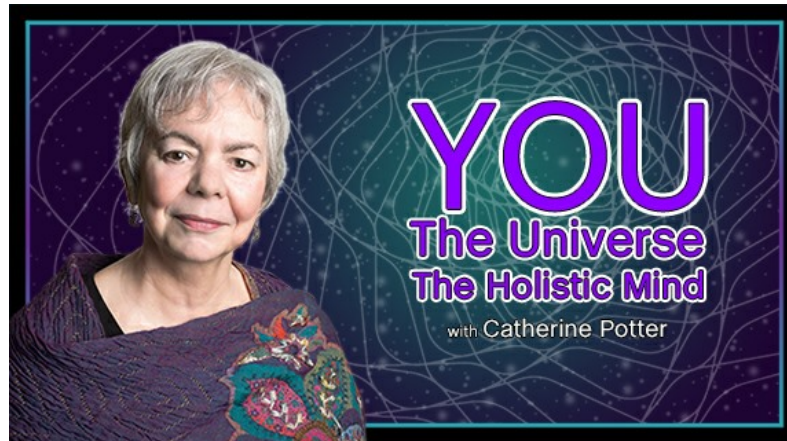


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### Featured Guest



#### Jonathan Hooton

Jonathan studies the effects of neurobiology, unresolved trauma, family dynamics, shame, double binds, ancestral energies, guilt, shame and victim-perpetrator dynamics on personal energetic boundaries. Jonathan was initially trained as a biochemist, gaining a B.A. and a Ph.D., and followed a career in scientific research for many years. Over the past 30 years, he has explored many healing modalities and has taken professional trainings in energy work (Reiki, Touch for Health, Brain Gym), embodied therapies (Integrative Body Psychotherapy, Somatic Experiencing trauma therapy, pre and perinatal development), Philosophical counseling and Family and Systemic Constellations from international

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