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**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**August 7th 2019: What a Body Remembers**

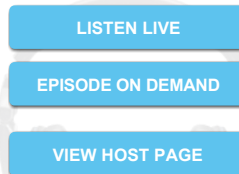
When Karen Stefano was attacked on her way home at 19 years old, those moments led to fear; of footsteps behind her and of the dark. Only later would she understand that she carried the imprint of her attack with her. When her life felt, again, uncertain, the symptoms returned and she knew that only if she faced her early experience head-on would she be able to move forward. But how would she make sense of the impact on her life? How would she come to understand why she'd become a defense attorney, advocating for people who had committed acts like her attacker's? How would she come to terms with

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#### Featured Guest



#### Karen Stefano

Karen Stefano is the author of "What a Body Remembers: A Memoir of Sexual Assault And Its Aftermath" (Rare Bird Books, June 11, 2019), the short story collection "The Secret Games of Words" (1GlimpsePress, 2015), and the how-to business writing guide "Before Hitting Send" (Dearborn 2011). Her work has appeared in Ms. Magazine, California Lawyer, Psychology Today, The Rumpus, The South Carolina Review, Tampa Review, Epiphany, and elsewhere. She is also a JD/MBA with more than 20 years of complex litigation experience. To learn more about Karen Stefano and her writing, please visit <http://stefanokaren.com/>.

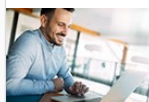
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