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### BEaUtiful Brands Inside and Out Archives Available

August 29th 2019: The BEaUty In Aging

As a society, we tend to be scared of aging, but aging in fact is a BEaUtiful thing. We all want to know the secret to how to age gracefully. My guest Susan Joyce Proctor joins me to talk wellness, aging and feeling BEaUtiful as we do it.

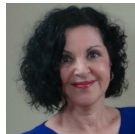
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### Featured Guest



#### Susan Joyce

Susan Joyce Proctor is the CEO of Get Your Juicy Back, LLC, and her passion is supporting other women on their own journeys toward optimal wellness, fulfillment and self-expression.

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