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with **DrRed Says**
Dr. Sarah M Young

DrRed Says

Tuesday at 1 PM Pacific

September 10th 2019: **Do You Have Stuff, or Does Stuff Have You?**

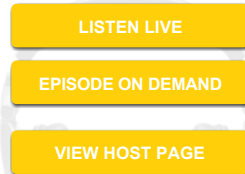
Does your house look like an episode of Hoarders? Do you have to walk sideways down the hall, and you are skinny? Do your stairs have stuff lining each side? And every time you make a resolution to clean house, do you just get discouraged and move things around? Do you have three of some items because you can never find what you think you need so you buy another one? And you hold onto stuff because you think you are going to need it someday, but now you can not find it do you see a pattern here? Perhaps you could use some help from a Board Certified Professional Organizer and Image Consultant.

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Featured Guest



Kathi Burns

Kathi Burns, CPA, is a Board Certified Professional Organizer & Image Consultant, a best-selling author, and the Founder of Organized and Energized. As an organizing & style expert, Kathi has been featured on Good Morning America, Martha Stewart Living, Oprah Magazine & many other national media outlets. Kathi's firm belief: "If you add space and shine a light towards someone's possibilities, they will transform right before your eyes." For 16+ years she's has been helping clients get their lives organized. Kathi's mission is to help clients create more freedom and success in their lives by teaching them how to release things that no longer serve them. Her focus is to help eve

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