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Holistic Sex Ed Radio
Thursday at 10 AM Pacific
October 03rd 2019: How to Handle Hijackals & Toxic People

Do you have a narcissist in your life? How do you cope with difficult people that seem to suck the energy from you? Dr. Rhoberta Shaler unlocks the secrets to dealing with those toxic people who drain your energy and ruin your day. She is on a mission to help people stop tolerating abuse. Dr. Shaler is a relationship expert with 16 books under her belt. She came up with the term Hijackals to describe this type of toxic person and offers strategies on how to deal with them. Learn how to spot a Hijackals. Find out how to help kids who have a Hijackals parent to develop emotional intelligence, me

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Featured Guest



Dr. Rhoberta Shaler

As a relationship consultant, mediator, speaker and author, Dr. Rhoberta Shaler, The Relationship Help Doctor, provides urgent and ongoing care for relationships in crisis. Her mission is to help people stop tolerating abuse. Even the United States Marines have sought her help.

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