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October 08th 2019: Imaginative Treatment Techniques to Heal Trauma

Are you haunted by bad memories? Do you wish your past had less power over you? Our guest this week, Janine de Peyer, LCSW, is a psychotherapist in New York City who engages in the power of the imagination to unlock and heal past traumatic events. With training in psychoanalysis, addictions and family therapy, she discusses with Dr. Franco how she incorporates interactive techniques that get to the core of where clients are stuck, thereby shifting longstanding negative patterns. Integrating methods that engage the body, such as EMDR (Eye Movement Desensitization and Reprocessing), an appro

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Featured Guest



Janine dePeyer

Janine de Peyer, LCSW, is a Psychotherapist, an Integrative Psychoanalyst, Speaker and Author. Specializing in integrative techniques such as EMDR and creative visualization, Janine engages the body and imagination in shifting longstanding negative belief systems and unlocking the natural healing process.

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