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November 19th 2019: De-Stress for MS Youth

Dr. Mary Rensel is Director of Pediatric Multiple Sclerosis and Wellness at the Mellen Center of the Cleveland Clinic. She joins Dr. Franco, a MS specialist and psychologist, to explore the particular challenges of living with MS as a teen and the need to teach and expand wellness skills to promote coping and life-long resilience.



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Featured Guest



Dr. Mary Rensel

Mary Rensel, MD is an Assistant Professor of Medicine at the Cleveland Clinic Lerner College of Medicine and Director of Pediatric Multiple Sclerosis and Wellness at the Mellen Center, Cleveland Clinic.

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