



Sovereign Self
Monday at 4 PM Pacific
December 16th 2019: It Feels Good to Feel Good

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Monday at 4 PM Pacific Time
on VoiceAmerica Influencers Channel

Seven years ago, Cheryl's entire body hurt. After undergoing test after test, Cheryl was told by a medical doctor that there was nothing wrong with her. That taking steroids and getting psychotherapy would solve the pain she was feeling. Her gut told her the pain was not all "in her head" and pushed her to do her own research. She listened to multiple summits and stumbled into the Functional Medicine community. . She found that inflammation was the culprit and after being treated by a functional medical doctor, she eliminated hundreds of toxins and felt better. Join us on Sovereign

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Featured Guest



Cheryl Meyer

Cheryl Meyer suffers from autoimmune disease. By eliminating hundreds of toxins, she reversed her pain. Cheryl has a BA from UC-Berkeley and is a health coach from IIN. Cheryl is an award-winning author, international bestseller, health coach, and speaker. Cheryl has written 4 books on health and toxins available on Amazon and has her own podcast It Feels Good to Feel Good, Futureproof Your Health on Voice America. <https://bit.ly/cherylpodcast1> Her website is <https://cherylmhealthmuse.com>><https://cherylmhealthmuse.com> Cheryl works with clients wit

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