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November 26th 2019: Stressfree Bride

Beke Beau, a successful makeup artist for brides and mature women, shares with Dr. Franco her years of working with brides and bridal stress. Beke also teaches teens and women how to expand their awareness and use of makeup to acquire a natural beauty and glow. We explore what helps brides cope and creatively attend to their natural beauty and capacities.

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Featured Guest



Beke Beau

Beke Beau has been working in the beauty industry for almost 30 years. She began her career in New York City working for makeup mogul Laura Geller and then Kimara Ahnert. During her time freelancing for these two well-known artists, Beke earned her Bachelor's Degree from Hunter College and then a Master of Theological Studies degree from Harvard Divinity School. Following grad school, Beke worked in non-profit education administration and testing.

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