

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



Prescription for Success

How to win at health, life and everything else



with
Dr. Emil Haldey



Prescription for Success with Dr. Emil Haldey

Archives Available

December 19th 2019: Recipe for Real Happiness

In this episode of Prescription for Success Dr Emil Haldey will interview Melissa Garson, M.Ed., MAPP, Certified Life Coach, Speaker & Author. At the beginning Melissa will talk about her personal story that brought her the work she does now. She will talk about her work as a life coach and motivator in helping people find the meaning in their lives. She will present the listeners the Recipe to Real Happiness, discussing the four major ingredients that help reach this goal, as she wrote in her book with the same title.

Tune in

Archives Available on VoiceAmerica Health and Wellness Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

[SHARE](#) [DOWNLOAD PDF](#) [GET CODE](#)

Featured Guest



Melissa Garson

MELISSA GARSON BIO CERTIFIED LIFE COACH, SPEAKER & AUTHOR OF "THE RECIPE FOR REAL HAPPINESS" Melissa Garson helps people overcome life's challenges with resilience and ease, make decisions with confidence and clarity, and experience a sense of balance and inner peace.

[Read more](#)

Share This Episode

[Share On Facebook](#) [Share On Twitter](#) [Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's** hosts are writing, on PressBlog!

