



Empowering Women, Transforming Lives
Thursday at 10 AM Pacific
January 30th 2020: Be Purposeful about Caring for Yourself

Join Rebecca Hall Gruyter as she interacts with Megan Fenyue and Bill Protzmann about self-care. In this inspiring episode, we'll talk about caring for your true self through the power of music and by embracing that YOU are enough! As always, you can find our host, Rebecca Hall Gruyter at the www.RHGTVnetwork.com or at www.yourpurpose drivenpractice.com. Our guests can also be found on the web: Bill at <https://quest.musiccare.net> and Megan at <https://meganfenyoe.com>.

Tune in

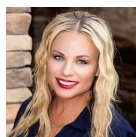
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Featured Guests



Megan Fenyoe

Megan Fenyoe is an Air Force Veteran, Licensed Clinical Mental Health Therapist (LCSW), Speaker and Trainer, Host of The Blonde Bombshell Podcast and I Am Enough TV and Founder of the intn'l I Am Enough Movement, a Non-Profit Organization. She is a best-selling Author and recently published her book You Are Enough...

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Guest Image

Bill Protzmann

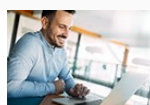
Bill Protzmann's mission is to raise awareness of the power of music as self-care. He is the world's leading expert on the power of music for physical, mental, emotional, and spiritual health, holds magna cum laude degrees in piano performance and creative writing, and has led a successful IT consulting practice for more than 30 years.

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