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March 11th 2020: Acupuncture with Stephen Arnold

I'll be speaking with Stephen Arnold regarding the Traditional Chinese Therapy of Acupuncture. What it is, it's benefits and Contraindications. Stephen will also touch on Moxibustion and Guasha. Join us and see if this will be a Therapy you'd like to experience!



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Featured Guest

Guest Image

Stephen Arnold

Stephen is a Certified Acupuncturist who specializes in Traditional Chinese Medicine. He is the owner of Waypoint Acupuncture in Yarmouth N.S. Stephen studied theatre in University and became a technician in the film industry for 25 years. He has travelled through Asia, taught English there for a couple of years and while teaching there, had Acupuncture on his mind. He wanted to do something Good and Worthwhile and since Acupuncture had helped him throughout the years, this was the path he chose. Stephen says, and I quote "The idea of being able to help people by putting a few needles is simply beautiful"

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