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INFLUENCERS



Sovereign Self Monday at 4 PM Pacific

March 09th 2020: Encore: Overcoming the success-eating, resistance monster

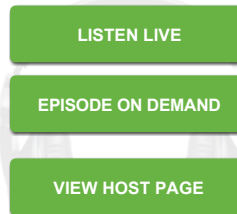
Have you ever tried to change something in your life, seemingly small, yet critical to your success? Perhaps more effectively using time, eliminating procrastination, or improving your movement or eating habits? Only to run up against what feels like a force with a life of it's own, derailing you and sucking you back into old unconstructive, even self destructive ways. It doesn't have to be that way. This week, ZofiaRenna does a live healing session around procrastination and resistance to change with Kristen. Not only do you get a front row seat, but if you have been grappling wi

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