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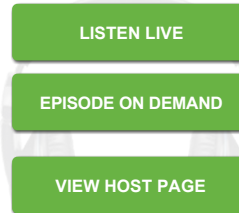
March 25th 2020: Easing Anxiety, Procrastination, Decline of Writing Profession

Are you feeling anxious about the Covid-19 virus or any other events happening indoor life? There are steps you can take to alleviate your stress and anxiety. Breathe! Are you a procrastinator? There could be genetic influences at work besides just not being organized or a planner. Dopamine could have something to do with procrastination. The Author's Guild, the nation's largest and oldest nonprofit professional association for published writers and journalists, details the underlying social, economic and technological factors contributing to the ongoing decline of author incomes.



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