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### Holistic Sex Ed Radio Thursday at 10 AM Pacific

March 19th 2020: Understanding Childhood Trauma with Dr Gary Bell

Childhood sexual abuse robs children of their innocence and their ability to fit in with their peers. Undisclosed abuse creates distance between the child and parent because there is a secret that must be kept. By its nature it teaches the child to lie in order to maintain the secret. It creates isolation because it's not safe to let anyone get too close. Robin's guest, Dr. Gary Bell points out that "the consequences of how children feel about themselves can really wreak their lives in high school" in the form of reckless behavior, unsafe sex, drug & alcohol use and other ways of acting out. D

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### Featured Guest



#### Dr. Gary Bell

Dr. Gary Bell is a licensed Marriage and Family Therapist. He is also a radio show host with VoiceAmerica.com. Dr. Bells show, Absurd Psychology which airs on Fridays at 1:00 P.M. Pacific time on Voice Americas Variety Channel, is not for the faint of heart. It is about helping our lives in the insane world in which we exist today. It is a sarcastic, smart and witty view of the lives we cope with, including straight answers, real information and new perspectives to bring LIFE back to our existence. Dr. Bell brings deep insight, and common sense to his show, and weaves general knowledge of how the brain operates under various circumstances.

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