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Lead Up for Women: Speak Up to Lead Up

Lead Up for Women: Speak Up to Lead Up Archives Available

March 25th 2020: Supporting women in their inner growth toward finding their true empowerment

Join myself as I interview Susan Burrell, Author, Speaker and Podcaster and Kay Hutchison, Author of MY Life in 37 therapies. This week we will dive into how to serve by empowering all women to find their inner strength. There are times we may not feel empowered, or have a "rough spot" for a season, it's true, but Kay and Susan have proven effective ways to assist all women in overcoming these times quickly.



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Featured Guests

Guest Image

Susan Burrell

Susan is the author of Live Your Empowered Life - A 30-Day Journey Book. And she has a thought provoking podcast called Empowering Chats with Susan Burrell that can be found on Apple Podcasts, Spotify, iHeart Radio and other popular platforms. Her guided meditations are accessible through the Insight Timer App. Susan is a feisty Scorpio (was even born with the red hair to back it up!) who has navigated life by learning how to listen within to that Divine urge that keeps pointing her in the direction of her life's purpose even when she can't see the road. She is an intuitive healer and spiritual guide in the crossroads of life. With a Masters Degree in Consciousness, Susan has been counsel

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Guest Image

Kay Hutchison

Kay Hutchison is a content creator with extensive experience in radio, television and publishing. After gaining her BMus and MA in music at Glasgow University, she joined Decca Records in London and then BBC Radio as a Producer. Kay moved across to television with Channel 4 and went on to lead the launch teams for Disney TV and Channel Five. In the build-up to the 2012 London Olympics, she successfully led the legacy partnership that delivered a long-term future for the multi-million-pound Olympics Broadcast Centre. Kay founded her own company, Belle Media and launched Belle Kids in 2015, producing multi-platform, conservation-focused content for children. Her book comes out as an audiobook

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