



A New You
Archives Available
May 1st 2020: The Path Forward.....Where
Choice Meets Possibility And Magic Happens

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In this episode, A New You host Liz Tupling invites listeners to consider the choices and possibilities available to them during this unprecedented time in our history. While our planet remains on "snooze" we have access to a unique opportunity to consider what the path forward could look like for us, our families, communities, businesses and planet. Return guest Jerry McLean discusses powerful change strategies for creating the reality of your choosing. Sharing the wisdom of 8 building blocks that have the potential to shift and transform, Jerry outlines concrete and tangible ways we can open

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Featured Guest



Jerry McLean

Jerry McLean is a life long learner, adventurer and seeker. Committed to exploring and gaining a deeper understanding of the secrets of the universe, Jerry has been a facilitator of change for approximately 10,000 people over a span of 30 years. Acutely aware of the power of attention, Jerry discovered many years ago that the most dynamic creation that we can be a part of is the one that originates with where our attention lands. Over his lengthy career as a change agent, Jerry hosted thousands of "Gatherings" during which participants spent anywhere from one to three days learning and putting into practice the fundamental principles of eight building blocks that would then serve as the four

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