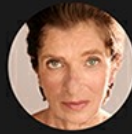


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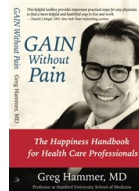
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Kathryn interviews Pediatric Anesthesiologist & Professor, Stanford University Medical Center Greg Hammer MD, author of "GAIN Without Pain: The Happiness Handbook for Health Care Professionals". The rising costs of burnout are staggering as health care professionals sacrifice their health, happiness and relationships. Dr. Hammer helps health care professionals prevent burnout and reclaim happiness. He's a featured speaker at Harvard, UPenn, USC, Northwestern and Stanford universities. Kathryn also interviews Founder of TimeSlips Anne Basting PhD, author of "Creative Care: A Revolutionary Appro

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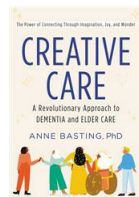
Featured Guests



Greg Hammer MD

Greg Hammer MD is a pediatric intensive care physician, pediatric anesthesiologist, and professor at Stanford University Medical Center. A member of the Stanford WellMD initiative and the Wellness Committee for the American Society of Anesthesiologists, Dr. Hammer is currently the Chair of the Physician Wellness Task Force for the California Society of Anesthesiologists. He has been a visiting professor and lecturer on wellness at institutions worldwide and teaches GAIN to medical students, residents and fellows at Stanford. Dr. Hammer's clinical focus is in pediatric cardiac anesthesia and pediatric critical care medicine. His research is in developmental pharmacology and immunology, and

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Anne Basting PhD

Anne Basting PhD is a leader in transforming aging and elder care and the recipient of a MacArthur "Genius" Grant. She is the founder of the non-profit TimeSlips which implements her innovative approach to memory care, and is the author of three previous academic books, The Stages of Age: Performing Age in Contemporary American Culture (University of Michigan, 1998), Forget Memory: Creating Better Lives for People with Dementia (Johns Hopkins University Press, 2009) and The Penelope Project: An arts-based odyssey to change elder care (University of Iowa Press, 2016). Her work as the former founding director of University of Wisconsin Milwaukee's Center on Age & Community was also featured in

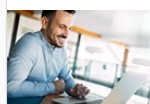
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