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where teens talk and the world listens

Teen Radio

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Express Yourself!
Sunday at 3 PM Pacific
June 14th 2020: **Teen Challenges**

Host Rachel Glass begins by reading the chapter, The Gift of Youth by Victoria Whitebread from the book, Be the Star You Are! Millennials to Boomers Celebrating Gifts of Positive Voices in a Changing Digital World. She also reads the chapter she wrote, The Gift of Self-Love and provides an update on how she has grown and changed since writing the chapter. Her chapter's purpose is a call to action for people to individually look inward and be thankful. People across the country are facing real issues like hunger, poverty, and racism, and it's not as simple as just staying positive and being tha

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Featured Guest



Edith Lynn Hornik-Beer

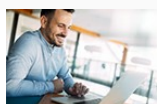
Edith Lynn Hornik-Beer is an author/journalist/lecturer whose articles have been published both here and abroad including in The Sunday New York Times, Elle, Denver Post, Toronto Star, Neue Zuercher Zeitung (Switzerland), Berlin Tagesblatt (Germany). Her books have been published by Simon&Schuster, Follett, Hazelden Educational Material, Association Press and others. She has been invited to talk on local TV talk shows in Michigan, Colorado, New York, and on national TV shows such as Good Morning America, and such radio shows as Health Line, Harvard School Of Public Health. She has lectured at various colleges and institutes including Chautauqua Institute, Touro College, Long Island Universi

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