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June 23rd 2020: **ALTERNATIVES - Part 1 - Is this Medicine?**

We've started discussing FOUNDATIONS and would now like to sidestep and welcome you to the first part of our series on ALTERNATIVES. In this episode Julie and Brad discuss the medical & spiritual application & philosophy of essential oils with our expert Kelly Mallinson, a Blue Diamond representative with doTERRA oils. Are essential oils medicine? Are they more than medicine? Tune in and find out!

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Featured Guest



Kelly Mallinson

Kelly Mallinson is a mom of 4, lover of hippie pants and patchouli. She is a Top Leader and Wellness Advocate for doTERRA Essential oils & her passion is empowering people to live their best life. With a background in psychiatric nursing her specialty is assisting people increase their emotional well being.

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