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Wednesday at 8 AM Pacific /11 AM Eastern

July 08th 2020: **Encore Encore: Check Up from the Neck Up**

Check Up From The Neck Up -- A Modern Day Mental Health
Check Up with Tracy Mac (5 Things You MUST KNOW)



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Featured Guest



Tracy Mac

Tracy "TracyMac" McNeil, known as "The Life Solutionist" blends her twenty-seven years of experience with federal, state and local governments, the private sector, educational and non-profit organizations and being an ordained elder (teacher), since 1994, into her expertise as a certified life coach and consultant.

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