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HEALTH & WELLNESS



Tips to Keep You Healthy, Happy, and Motivated

with *Kristen Harper*



Tips to Keep You Healthy, Happy, and Motivated
Archives Available
October 20th 2020: Raise Your Vibration, Remove Entity Influence & Essential Oils are Toxic

Tune in to hear all about: 1) What causes people to be at a low vibration? 2) Entity Influence and people who are at a low vibration 3) How to raise your vibration? 4) How does entity influence affect someone? 5) Essential Oils are Toxic.

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Featured Guest



Cynthia Spiece

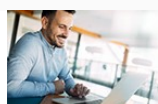
Cynthia Spiece is an Intuitive Reader and Counselor, Medium, and Quantum Energy Practitioner with over 40 years experience in the world of metaphysics and transformational intuitive work. As a young girl, Cynthia became aware that she would know things that she had no rational way of knowing. While practicing her gift for many years on friends, co-workers and family while also working in the fashion and design industry, she decided 10 years ago to make it her full-time occupation. She is a Certified Life Coach and Certified Reiki Master and Teacher. In addition she has a Masters Degree from the School of Incredibly Hard Knocks which forced her to RE-Imagine herself many times over. -->

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