



**Landmark Recovery Podcast**  
**Tuesday at 9 AM Pacific**  
**October 30th 2020: Understanding Adverse Childhood Experiences**

In this episode Zach is first joined by Dr. Lorry Belhumeur, a licensed psychologist, serving as CEO at Western Youth Services for over 19 years. Zach and Dr. Belhumeur discuss Adverse Childhood Experiences (ACES) and their impact on addiction later in life, as well as the importance of treating past trauma. Following Dr. Belhumeur, Zach speaks with Melissa Atlas, the Clinical Supervisor at Franciscan Outpatient Behavioral Health in Indiana and a contractor for ICAADA/MHAI. The two discuss her experience with Medication Assisted Treatment (MAT) in the field of recovery, and the different menta

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**Featured Guests**

Guest Image

**Dr. Lorry Leigh**

Dr. Belhumeur is a licensed psychologist, serving as CEO at Western Youth Services for over 19 years. She received her Ph.D. and M.A. degrees from UCLA.WYS annually provides integrated Mental Health Services to over 50,000 clients both directly and indirectly. Lorry has led the charge that reexamines mental health in the context of Adverse Childhood Experiences (ACEs) and offers solutions that not only treat the predictable negative impact of ACEs but that look upstream to prevent them from happening in the first place.

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Guest Image

**Melissa Atlas**

Melissa is the Clinical Supervisor at Franciscan Outpatient Behavioral Health in Indiana and a contractor for ICAADA/MHAI. She is an LCSW, LCAC, and Medication Assisted Treatment Specialist with more than 13 years of clinical experience.

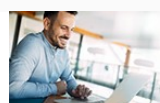
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