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What the Food?
Monday at 11 AM Pacific
December 28th 2020: 31 flavors of healthy with Ocean Robbins

Ocean shares the foundation FoodRevolution.org, and how eating clean, plant based, local and organic can and does have a positive effect on the human body, dis-ease and planet earth.

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Featured Guest



Ocean Robbins

Ocean Robbins was born in a log cabin built by his parents, and grew up eating food they grew on the land together. At age 16, he co-founded an organization called YES! (Youth for Environmental Sanity) that he directed for the next 20 years. Ocean has spoken in person to more than 200,000 people in schools, conferences and events, and he has organized 100+ seminars and gatherings for leaders from 65+ nations. Ocean's work has taken him all over the world, where he has seen first-hand the powerful impact of the food we eat – not just on our health, but on people and economies everywhere. He has served as an adjunct professor for Chapman University and has received numerous awards including th

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