



### Once a Nurse, Always a Nurse Monday at 10 AM Pacific

January 11th 2021: Nurses Hold The Key to An Empowered Workforce

Nurses are the bedrock of healthcare around the world. Without Nurses there is NO Healthcare (HC). While doctors & every HC provider contributes to the value of HC, it is nurses who are with the patient 24/7, best know the client & family and make the directives of other departments work for the patient. Nurses are are mandated to prevent injury & disease/ advocate for the patient. They want to focus on community-based education to prevent stress-related diseases. My guest, Glennae Davis, BSN, RN, and CEO of Rx for Life, LLC, a health equity consultancy and education agency says, "Anytime a ca

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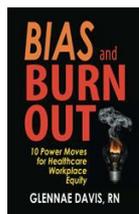
### Featured Guests



#### Glennae Davis, BSN, RN

Glennae is the CEO of Rx for Life, LLC, a health equity consultancy & education agency. She identifies the tools needed to successfully cope with bias on-the-job and creates a culture to prevent burnout. Her BSN is from the University of Texas, Arlington. Her 16 yrs of RN experience includes the pain clinic at Cedar-Sinai Hospital, Los Angeles; critical care and lung transplant coordination at Ronald Reagan CLA Health; and the Heart Institute at Children's Hospital Los Angeles. Glennae is a poet and the author of Yet Here I Stand: My Journey from Bondage to Liberty, in which she reveals what it took to overcome social determinates of health from gangbanging to horrid systemic employment disc

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#### Bias and Burnout 10 Power Moves for Healthcare Workforce Equity

Racism is a public health crisis. America's workforce risks physical and mental breakdown from systemic racism in business and industry, especially healthcare. We can close health disparity gaps to achieve equity. Is your job making you sick? Do you feel stressed and overwhelmed by mistreatment at work? Is discrimination keeping you from success in your career? When you are burdened by bias, the unresolved conflict damages you and puts your health in risk. Are you willing to reclaim your power? If so, Bias and Burnout offers a way to redefine employment as empowerment. Author Glennae Davis, RN, shares the lessons learned as a registered nurse who challenged institutional racism at a major U.

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#### Yet Here I Stand: My Journey from Bondage to Liberty

Systemic racism happens to People of Color from the workplace to housing and everywhere in between. Take a journey with Glennae E. Davis, BSN, RN CEO of Rx for Life, LLC, from Bondage to Liberty and have the life you desire! Discover why African Americans have troubled lives and can never seem to get ahead. Glennae takes you from gang affiliation to the boardroom table at Ronald Reagan University of California, where she learned to use her adverse childhood experiences to fight back and win against a system designed to oppress. She avoids falling victim to America's public health crises.

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