



Unbuckled, with Intimacy Architect Christi Anne Bela

New shows weekly

July 2nd 2021: Our Marriage: Open Communication and Multiple Relationships

Monogamy used to be the way of marriage, but history and science has shown that "Open Relationships" are more common. Dr. Marcin Bela and I met in 2015 at his birthday party and soon after in 2017 we were married. Our relationship was Polyamorous from the beginning having both been married and explored Non-Monogamy before, we were clear on what we wanted. That however has not stopped us from continuing to figure out what works and what challenges us in our ethically non-monogamous lifestyle. This episode is a very candid conversation (we literally were in a passionate discussion minute

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Featured Guest



Marcin Bela

Marcin Bela is a Polish-American singer, pianist and composer. With an eclectic palette of influences including David Bowie, Phillip Glass and Marek Grechuta, his appearances have spanned the globe and spectrum of genre, from the Krakow Philharmonic Hall and Tanglewood Music Center to Piwnica pod Baranami and Burning Man Festival. His music has been featured in film, television and theatre. Marcin currently resides in Nashville, TN, where he performs at "Music City's" premiere venues, such as Exit In, Cannery Ballroom and Bluebird Cafe. As an educator, Dr. Marcin Bela has helped hundreds of pianists, singers and composers find their artistic voice. He is the founder and director of "Ezra

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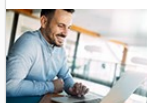
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