



Empowering Women, Transforming Lives
Thursday at 10 AM Pacific
July 29th 2021: **SHINE in Your Resilience**

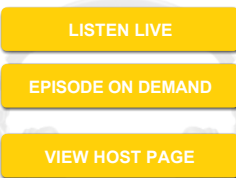
Resilience is one of those powerful qualities that we all hope for. But it's also a quality that always comes with a cost. For, really, the only way to develop it is to overcome profound loss, grief, or betrayal. Today's guests have proven that. Join us as Rebecca talks with Cheryl Jones and Dr. Debi Silber about their own stories of growing through overwhelming loss. They have turned their challenges into personal transformation and growth... and have moved into the lives of others to help them do the same. Let their stories inspire you to thrive in the face of any kind of hardship. As always

[Read more](#)



Tune in

Thursday at 10 AM Pacific
Time on VoiceAmerica
Empowerment Channel



Questions? Comments?
Call In Live!
Toll Free: 1-888-346-9141
Intl: 001-480-553-5760

Featured Guests



Cheryl Jones

Cheryl Jones, M.S. is a grief counselor, educator, speaker and radio host. Her weekly radio show, Good Grief, focuses on the transformations that sometimes come after deep loss. She developed and taught in a three year Continuing Education program as Manager of Professional Education at the Women's Cancer Resource Center in Berkeley, CA. Her novel, An Ocean Between Them (Sapphire Books 2018) received an honorable mention from Rainbow Books. Her interest in illness and grief originated in the ten year period in which her first wife lived with cancer before her death in 1995. In grief, she was surprised by frequent moments of joy. Her perspective on resilience in hard times comes from her pers

[Read more](#)



Debi Silber

Dr. Debi Silber is the founder of the Post Betrayal Transformation Institute and is a holistic psychologist, a health, mindset and personal development expert, the author of the #1 bestselling book: The Unshakable Woman: 4 Steps to Rebuilding Your Body, Mind and Life After a Life Crisis and her newest book: Trust Again: Overcoming Betrayal and Regaining Health, Confidence and Happiness. Her recent PhD study on how we experience betrayal made 3 groundbreaking discoveries that changes how long it takes to heal. In addition to being on FOX, CBS, The Dr. Oz Show, TEDx (twice) and more, she's an award-winning speaker, coach and author dedicated to helping people move past their betrayals as well

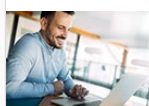
[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

