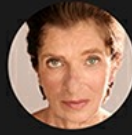


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THE KATHRYN ZOX SHOW

YOUR SOCIAL WORKER WITH A MICROPHONE™

The Kathryn Zox Show
Wednesday at 7 AM Pacific
July 21st 2021: Ep. 1376: Best Biking Cities and
Ep. 1377: Fatherhood Defined

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Wednesday at 7 AM Pacific
Time on VoiceAmerica Variety
Channel

Kathryn interviews Jeff J. Herman Editor-in-Chief at Lawnstarter. If you're among the 50% of the U.S. population planning to ride a bicycle more post-pandemic, you'll want to know the Best Biking Cities in America. To mark World Bicycle Day on June 3, LawnStarter ranked the 200 biggest U.S. cities based on 18 key indicators of a bike-friendly lifestyle. Among the factors considered are the length of bike lanes, the share of workers who bike to work, and access to bike stores and repair shops, however also taking into account the air quality, weather, and availability of biking clubs in each city.

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Featured Guests

Guest Image

Jeff Herman

Jeff Herman, editor-in-chief of LawnStarter, mowed lawns as a teen, and his uncle owned the biggest sod business in St. Louis. Previously, Herman worked at The New York Times, CreditCards.com, and most recently at AllAboutVision.com. Now Herman is All About Lawn Care.

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Guest Image

Carew Papritz

Carew Papritz is a literacy advocate, educational thought leader, and author of the multi-award-winning book, The Legacy Letters. Papritz has made a global impact by being an advocate for literacy and teaching future generations about the importance of legacy. Through his inspiring YouTube videos including the I Love to Read series and events like National Thank You Letter Day, he spreads the love of reading and learning to people of all ages. Papritz's writing has been published in a number of media outlets including Huffpost, Inc., Reader's Digest, The Insider Mag, HR.com & First Time Parent Magazine.

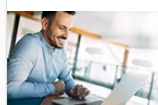
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