



**Empowering Women, Transforming Lives**  
Thursday at 10 AM Pacific  
**July 22nd 2021: Encore: Is There a Playbook for Resiliency?**

The dictionary tells us that resilience is the capacity to recover quickly from difficulty. It's the secret ingredient that helps us bounce back. After a year like 2020, we could all use some resilience, couldn't we? Join us as Rebecca talks with authors Marc Hoberman and Dr. Kasthuri Henry about their forthcoming book, *The Resiliency Playbook*. They'll talk about resiliency as it relates to emotional intelligence, personal and professional growth, and overcoming challenges. As always, you can find our host, Rebecca Hall Gruyter at the [www.RHGTVnetwork.com](http://www.RHGTVnetwork.com) or at [www.yourpurposedrivenpractice.com](http://www.yourpurposedrivenpractice.com)

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**Featured Guests**



**Marc Hoberman**

As a former English Teacher with over 30 years of experience and a camp administrator and consultant for almost as long, Marc continues to help others reach their potential. Through Marc's experiences with a diagnosis of epilepsy at age 16 to the determination he learned as a result, Marc's story is one that has inspired teens and adults to see that there are ways to avoid negative outcomes despite the challenges they face. Marc has found success despite the obstacles in his life and found new direction at the same time. Marc is also the creator and host of the talk show *Lighting The Educational Flame*. Marc speaks both virtually and in person all over the globe. He teaches others how to overcome

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**Dr. Kasthuri Henry**

Dr. Kasthuri Henry, PhD, is driven by her mission of Building to Last and Ennobling for Success. Her ability to first develop the being and bring that authentic self to all the doing makes her a sought-after member of Forbes Coaches Council. CEO of KasHenry Inc. and founder of Ennobled For Success Institute, her acumen includes Duracell Brand Acquisition for Warren Buffet, business transformation for Chicago Teachers Pension Fund, etc. driving change management, financial strategy, and business process improvement. A graduate school professor, she continues to transform students representing the US military, public safety, private sector, and nonprofit sectors. Dr. Kas shares her wisdom with

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