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HEALTH & WELLNESS



**Landmark Recovery Podcast**  
Tuesday at 9 AM Pacific  
**August 3rd 2021: Addiction, Shame, and Stigma**  
**in LGBT+ community**

Fay Zenoff speaks about shame and stigma regarding the LGBT+ community, including awareness, employer support, homosexuality, and navigating personal and social hardships without the use of addictive substances. Fay talks with Zach about her recovery from alcohol, the story behind her trauma, and how her struggles with substance abuse began.

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### Featured Guest

Guest Image

#### Fay Zenoff

Fay Zenoff is a Nationally respected addiction recovery strategist and certified professional life coach, Fay has worked for more than a decade with individuals, families, treatment centers, and organizations – in both the private and public sectors – to fight the stigmas of addiction and support recovery wellness in all aspects of life. In addition to her engagements as a keynote speaker, panelist, and educator, Fay has been featured in The New York Times, USA Today, and The Riveter, among others, and was recognized with the 2016 Courage Tribute award by Constellation Behavioral Health for her work to end stigma in the mental health and addiction fields.

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