



AGING LIFE

Let's Talk All Things Aging

with Nancy Oriola



Aging Life Network
New Shows Available
August 18th 2021: Learning, Memory & Brain Health

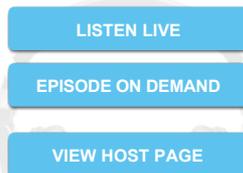
Learning and Memory are connected to how we engage our senses in the world around us because our brain is beautifully wired to learn through our eyes, our ears, our hands, our taste, and our heart. Our brain learns through our senses because when we see, hear, taste, touch, or smell something, we create neural connections – we tell two brain cells to “connect”, to “talk”. The more these brain cells link together, we create a neural pathway. Soon, these links turn into chains and chains turn into networks and we have created new memories, new habits, and new beliefs. We use our senses to i

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Featured Guest



Jennifer Price, MS - CEO

As the founder of Learning Foundations, a Personal Advancement Center in Denver Colorado, Jennifer Price, M.S. leads a team of Educational Specialists who support the diverse neurological needs of learners of all ages. Through brain-based research, Jennifer will share insight into the amazing plasticity of our brain and easy ways to take care of our brain, so it stays young and active even into our golden years. Join us to learn how important the connection between brain and gut are and to destroy the myths of an aging brain. Jennifer's knowledge and experience on priming our brain to learn, remember, and stay sharp will inspire you to take care of your brain in simple ways!

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