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HEALTH & WELLNESS



**Vitality Health Show**  
Thursday at 10 AM Pacific  
**September 16th 2021: Encore THE BEAUTIFUL  
"ART" OF HEALING**

Kendra Burton joins your host, Stephanie Parrish, for a unique show about art, music and other forms of human expression that bring healing to the heart and soul. Kendra lost a daughter to hydrocephalus at the age of 9. This and other life experiences have had a major impact on her art and music creations, which she describes as a public speaker. Kendra finds joy in creating art and music that inspire, and when you see the beauty of her paintings and hear the sweet harmony of her music, you will be moved and edified. Join Kendra and Stephanie for an endearing hour you will appreciate.

**Tune in**

Thursday at 10 AM Pacific  
Time on VoiceAmerica Health  
and Wellness Channel

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**Featured Guest**



**Kendra Burton**

Kendra Parrish Burton finds joy in creating art and music compositions that inspire. The eldest of 5 sisters, Kendra sang with her siblings while playing the guitar. The quintet won top honors on the TV program "Talent Showcase." The sisters performed on the Ted Mack Show and produced a record album with several original songs. They also performed in Europe and at the World's Fair in Spokane, WA. Kendra received her education at BYU and ISU and was an architectural draftsman for 7 years. Her experience includes studying works of art in Europe, New York, and Washington D.C., working with Master Artists, teaching art on television, in classes, and at seminars. Her art has been displayed in mus

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