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HEALTH & WELLNESS



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**October 5th 2021: Smacked..A Story of White Collar Ambition, Addiction, and Tragedy**

Eilene Zimmerman is an experienced journalist and regular contributor to The New York Times. She is author of the powerful and heart-breaking memoir, "Smacked...A Story of White Collar Ambition, Addiction, and Tragedy." Eilene begins today's podcast with a shocking reading, in which she describes discovering her ex-husband's body in his home. She did not notice the track marks in his arms, nor the drug paraphernalia that surrounded his body on the floor until the coroner brought it to her attention. In a desperate attempt to fathom what happened to him and how she and everyone else in his

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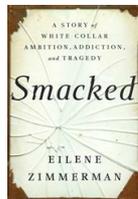
### Featured Guests



#### EILENE ZIMMERMAN

Eilene Zimmerman is a journalist and social worker. For three decades, she has written about business, technology and social issues for a wide array of national magazines and newspapers. She was a columnist for The New York Times for eight years and since 2004 has been a regular contributor to the newspaper.

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#### SMACKED

A STORY of WHITE COLLAR AMBITION, ADDICTION, and TRAGEDY. This brilliant and moving memoir begins with Eilene's shocking discovery of her ex-husband's body, surrounded by drug paraphernalia. Peter was an affluent lawyer and senior partner at a prestigious law firm in Silicon Valley. She had thought he looked sick and there was a pattern of unexplained absences, but she was unaware of his serious drug addiction. Eilene began an exhaustive journey to understand what happened to Peter and also about addiction among ambitious, high-achieving professionals like him. "Heart-wrenching...a chronicle of trying to make sense of a loved one's struggles with (addiction)." -The New York Times "An

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