



Patricia Raskin

POSITIVE LIVING SHOW

The Patricia Raskin Show
Monday at 11 AM Pacific
October 11th 2021: Dr. Neal Bernard: Your Body In Balance

Dr. Barnard is president of the Physicians Committee for Responsible Medicine, an Adjunct Professor at the George Washington University School of Medicine, and a Fellow of the American College of Cardiology. In 2016, he founded Barnard Medical Center in Washington, D.C., to create a new model that integrates nutrition into conventional medical care. His federally funded diabetes research revolutionized the nutritional approaches to type 2 diabetes. He has written 20 books on nutrition and health. Dr. Bernard's book, *Your Body In Balance: The New Science of Foods, Hormones and Health*, shares th

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Featured Guest



Dr Neal Barnard

Neal Barnard, M.D., F.A.C.C., is an adjunct associate professor of medicine at the George Washington University School of Medicine and Health Sciences in Washington, D.C., and president of the Physicians Committee for Responsible Medicine. Dr. Barnard has led numerous research studies investigating the effects of diet on diabetes, body weight, and chronic pain, including a groundbreaking study of dietary interventions in type 2 diabetes, funded by the National Institutes of Health.

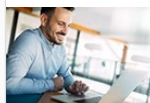
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