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HEALTH & WELLNESS

Occupy Health: with Susan Downs, MD

What's Real and what is not



Occupy Health
Friday at 11 AM Pacific
December 10th 2021: biohacking for longevity

Dr. Cabeca, the “girlfriend doctor” will share her insights how to optimize health in the female body. While many studies focus on men, the female body is different and changes with age. Learn how biohacks work different in women and how to use them for optimal health. There will be plenty of information for men as well when gender comparisons are made

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Friday at 11 AM Pacific Time
on VoiceAmerica Health and
Wellness Channel

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Featured Guest



Anna Cabeca, DO

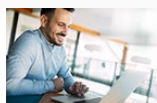
Dr. Anna Cabeca is an internationally acclaimed menopause and sexual health expert, global speaker and pioneering promoter of women's health. She is Emory University trained and triple board certified in gynecology and obstetrics, integrative medicine and antiaging and regenerative medicine, and is the author of The Hormone Fix, a diet and holistic lifestyle program for menopausal women. Dr. Cabeca has reached hundreds of thousands of women around the globe, inspiring them to reclaim their optimal health and realize they can journey through menopause and find more purpose and pleasure than they ever dreamed possible. She balances her passion fo

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