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HEALTH & WELLNESS



**The A to Z of Sex**  
Thursday at 11 AM Pacific /2 PM Eastern  
**December 16th 2021: T is for Topping**

This week I talk with SasistriX all about tops and topping. We cover consent, self-care, the difference between topping and being a dominant, different roles in BDSM play, kink and dynamics.

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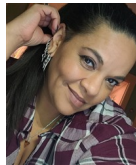
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#### Featured Guest



#### SadistriX SadistriX

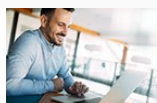
SadistriX, (she/her they/them), has been involved with polyamorous and kink communities for many years. She's very passionate about building bridges within the polyam and kink communities, and being a part of its education, collaboration, and growth. For the last 4 years she's been the owner and director for a private BDSM event called KGN (Kinky Geek Night), and takes pride in being the first African American woman to own a kink event of its size in the area. She's been on BDSM information panels for two of the UW Colleges, taught classes on Diversity In Kink, and Primal Play, and (pre covid) also held a monthly munch called Sunday Shenanigans, where different topics were dissected and d

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