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House Calls
Thursday at 4 PM Pacific
December 16th 2021: Light in a Time of Darkness

The holidays can be a stressful and sad time to so many, especially those who have suffered loss of a loved one, a job, or a break up of a relationship. How does one survive the season of joy when they are faced with personal loss and suffering? Dr Connie explores life's challenges with her friend and guest, Sandra Maki, as they discuss how Sandra faced abuse, marital heartaches, and death in her life and not only survived but became a better person as a result. Dr Connie's special Christmas gift to listeners is how to survive difficulties in life and find light in a time of darkness.

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Featured Guest



Sandra Maki

Sandra Maki is a former business owner of an Electrical Contracting company in Los Angeles, California. Until 2006, Southern California was her primary home state along with a second home base in Salt Lake City, Utah until late 2016 when her husband Mel Maki suffered a life-altering stroke that left him permanently paralyzed. A move to the greater Phoenix area to give close proximity to Mel's two brothers residing in Arizona, brought Mel much joy. Sandra has many interests with a primary focus on mentorship and advocacy. In 2012, Sandra took her years of entrepreneurship and customer experience expertise to her current management career with American Express. Sandra also volunteers and rem

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