



**Empowering Women, Transforming Lives**  
Thursday at 10 AM Pacific  
**January 13th 2022: Heal Powerfully and with Purpose in the New Year**

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Thursday at 10 AM Pacific  
Time on VoiceAmerica  
Empowerment Channel

Are you on a path toward healing and growth? Can 2022 be a year clarity and purpose in your journey toward wholeness? Join us as Rebecca talks with two women who are passionate about freedom and internal healing and growth. Hear from Shelby Kottemann and Dawn Bradford as they share from their own life messages - their journeys will inspire you. As always, you can find our host, Rebecca Hall Gruyter at the [www.RHGTVnetwork.com](http://www.RHGTVnetwork.com) or at [www.yourpurpose drivenpractice.com](http://www.yourpurpose drivenpractice.com). Our guests are also online. Dawn can be found at <https://www.sdawnbradford.com>; Shelby's online home is <https://shelbykottemann.com>.

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**Featured Guests**



**S. Dawn Bradford**

S. Dawn Bradford is a Life Coach, International Public Speaker and Presenter sharing the message of hope that healing is possible no matter what traumas are encountered in life using her own journey from victim of severe physical, sexual, and mental abuse at the hands of a cult to a powerful woman of peace and strength. She is the author of Broken No More: A True Story of Abuse, Amnesia, and Finding God's Love and is a co-author of Step Into Your Brilliant Purpose releasing March 1, 2022. You can connect with her at [www.sdawnbradford.com](http://www.sdawnbradford.com), by email at [sdawnbradford@gmail.com](mailto:sdawnbradford@gmail.com) or on Facebook & Instagram @sdawnbradford.

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**Shelby Kottemann**

Shelby grew up in a small Midwest town, and at the age of 9 she knew she wanted to be a teacher and author. A couple years ago, God gave her a nudge that she couldnt ignore to begin writing, and she says its been a gift to her heart ever since. It is so exciting to me that my work may impact others lives in a meaningful way, she gushes. She is looking forward to connecting with readers and building a community where people and feelings matter and life, in all its ups and downs, is appreciated. She would love to hear from you and be in touch via email at [shelbykottemann@gmail.com](mailto:shelbykottemann@gmail.com). Or you can find her online at: <http://shelbykottemann.com>.

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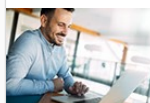
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