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HEALTH & WELLNESS



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
January 5th 2022: **Life Mastery**

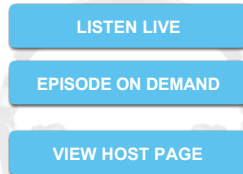
What makes it possible for some of us to create the lives we dream of while others are held back by our life stories? Sherry Fernandez was always geared to growth. She never saw rough times in her childhood as a reason to fail. Even when she encountered bumps in the road she always looked for a way forward. Over many decades she noticed the skills that kept her on track. She studied with masters who added to her natural abilities. And over time she became a mentor for others, encouraging them to find a way to their best lives too! Join us to talk about some of the powerful tools that have led

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Featured Guest



Sherry Stirling Fernandez

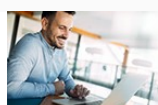
For two decades Sherry Stirling Fernandez has been a speaker, a teacher, a mentor, and is now a bestselling author. Sherry's new USA Today and Wall Street Journal bestseller *Life Mastery: Personal Progression Toward an Infinite Potential* tells her rags to riches story and explains the principles and tools she used for success. Sherry has taught these principles to hundreds of people who have also found success, and the happiness that follows, using the Life Mastery program.

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