



DROPPING IN

TO FIND OUR COMMON THREADS 
with Diane Dewey

Dropping In
Friday at 8 AM Pacific
January 14th 2022: Sin Child; Angela Howard on PTSD, Childhood Trauma, & Resilience

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This is one searing story that will surprise you with the resourcefulness, faith, determination, and ultimately, the will to survive and thrive of the author, Angela Howard. Although none of what happened to her should happen to any child, she overcame her childhood to become a loving mother of two and a mentor to many through her work with PTSD-ACEDNow, an accomplished author, Angela is a testament to the human spirit, to resilience, and to finding a way through the dark. Drop in with us to understand the human toll of child abuse and neglect and how those affected by it can find hope an

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Featured Guest



Angela Howard

Angela Howard is a first time author of a memoir, Sin Child, and the founder of PTSD-ACED Foundation, Inc. Angela is a registered nurse and has worked in the medical field for the past 20 years. She holds a Bachelor of Science in Nursing and certifications in Life Care Planning and Medical Case Management. She is highly impacted by the adverse effects of PTSD secondary to ACEs. She herself has overcome extreme adverse childhood experiences with the highest ACE score of 10. Angela's health has been adversely affected as she suffers from multiple autoimmune disorders. Angela's desire is to bring increased awareness of ACEs by educating those in the medical and educational fields.

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