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Wednesday at 4 PM Pacific
June 8th 2022: Succulent Season, Obesity in Kids, Family Playtime

Succulents have fleshy, thick leaves that store water and thrive in warm, dry conditions. They are very low maintenance, prefer dry conditions, and enjoy copious amounts of sunshine. Goddess Gardener, Cynthia Brian talks about including succulents in a drought-ravaged landscape. Obesity in children has become a problem in the USA, especially in children ages 5-11. Obesity is a complex disease. Treatment plans are essential for improvement to build healthy habits. There is nothing better than spending quality time with family members. Children learn through play. Understanding how to help

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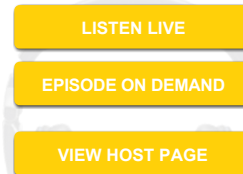


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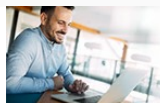


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