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Uplift Your Life

NOURISHMENT OF THE SPIRIT



Uplift Your Life: Nourishment of the Spirit
Thursday at 8 AM Pacific
June 16th 2022: God, Love, and The Hidden
Mystery of Human Connectedness

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"Sometimes things happen that reveal an apparent pattern, plan, and meaning to the workings of the world. When this revelation occurs, it's as if the Universe winks at us to say, 'now you're in on the secret!' The 'secret' is the realization that an infinite, unitary intelligence pervades everything--what author Stephen G Post calls infinite Mind...and that love is a kind of metaphysical glue that holds things together and provides a delightful fizz to the whole show." writes Dr. Larry Dossey, MD. My guest helps us understand the importance of synchronicity in our lives and how to recognize it;

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Featured Guest



Stephen Post, PhD

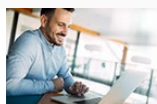
An opinion leader and public speaker, Stephen G. Post, Ph.D. is the best-selling author of *Why Good Things Happen to Good People: How to Live a Longer, Happier, Healthier Life by the Simple Act of Giving*. He was quoted in over 4000 newspapers and magazines, including *Parade Magazine*, "O" Magazine," and *US News & World Report*, and was on many TV shows including *The Daily Show*. Post told us that being kind is good for our happiness, health, and resiliency and that compassion improves patient outcomes and clinician well-being. He addressed the U.S. Congress on volunteerism and public health and received the Pioneer Medal for Outstanding Leadership in HealthCare from the HealthCare Chaplaincy Ne

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