

THE KATHRYN ZOX SHOW

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The Kathryn Zox Show
Wednesday at 7 AM Pacific
June 22nd 2022: Ep.1472: Overcoming Class Bias and Ep.1473: Teens and Sleep

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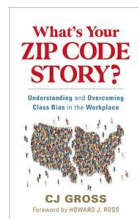
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Kathryn interviews Author CJ Gross. Within the past five years, diversity and inclusion, as well as unconscious bias, have been the main drivers of organizational training, politics and community engagement. But diversity is much more than a buzzword; it propels innovation and problem solving, and leads to higher performing teams. CJ Gross offers research-based solutions for employees seeking professional growth and for business leaders seeking new ways to engage their teams. Gross provides strategies to help class-migrants — whether college students, recent graduates or overlooked employees —

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Featured Guests



CJ Gross

CJ Gross is a TEDx Speaker, international speaker and the founder of Ascension Worldwide, a firm dedicated to Diversity, Equity, and Inclusivity training and consulting based in the Washington, D.C., area. Gross has 20 years of experience as an international organizational development consultant specializing in leadership development and diversity and inclusion. He is a certified Social + Emotional Intelligence coach, trainer, Keirseey Temperament professional, Intercultural Development Inventory Administrator and executive coach, with additional expertise in organizational mediation. He also serves as a Diversity, Equity and Inclusion Master Faculty for the University of Maryland, Baltimore

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Lisa L. Lewis

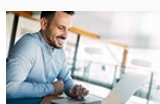
Lisa L. Lewis MS, is a freelance journalist who covers the intersection of parenting, public health, and education. Her book, The Sleep-Deprived Teen: Why Our Teenagers Are So Tired, and How Parents and Schools Can Help Them Thrive is an outgrowth of her previous work on the topic, including her role helping get California's landmark legislation on healthy school start times passed. Lewis has written for The Washington Post, The New York Times, The Atlantic, TIME, the Los Angeles Times, Slate, and Your Teen, among others. She's a parent to a teen and a recent teen who inspires much of what she writes about—everything from concussions and heat stroke to school lockdowns to teenage sleep. She

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